

PRO3700c

PREMIUM QUALITY AT
AN UNBEATABLE VALUE

The Pro3700 Classic is a popular original model that delivers signature Octane features and programming that enhance the exercise experience and drive motivation.

OCTANE ADVANTAGES

- MultiGrip & Converging Path handlebars
- Close pedal spacing
- Advanced training — MMA and 30:30
- Workout Boosters
- Side step-compatible

SELF-POWERED

Enjoy freedom to place the machine anywhere in a facility

MULTIGRIP AND CONVERGING PATH HANDLEBARS

Provide custom comfort and variety and fully engage upper body

ADVANCED WORKOUTS

Drive motivation and progress with advanced regimens like MMA and 30:30 Interval

HIIT TRAINING

Workout Boosters featured on the console instantly add interval training to any routine

ENTERTAINMENT OPTIONS

Offer premium TV and entertainment with a personal viewing screen or 900 Mhz wireless receiver



UPPER-BODY ERGONOMICS

MultiGrip and Converging Path handlebars engage the upper body and custom-fit exercisers.



MMA

Exercisers can test their skills in Octane's unique MMA regimen that mimics rigorous training routines like those used by a fighter in the cage.



REAL RUNNING MOTION

Delivers supremely comfortable natural movement and flow, both forward and backward.



PERSONAL ENTERTAINMENT

Satisfy every member with individual viewing screens for a custom workout experience.

PRO 3700C SPECIFICATIONS

• Standard ○ Optional

KEY MECHANICAL FEATURES

Stride length	24" (61 cm)
Close pedal spacing	1.8" (4.5 cm)
Low step-up height	•
Covered track and rollers	•
MultiGrip™ and Converging Path™ handlebars	•
Moving handlebar lock-out option	•
Side steps	○
Water bottle holder	•
Tablet/reading rack	•
Transport wheels	•

ELECTRONIC FEATURES

Resistance levels	30
Digital contact heart rate on stationary handlebars	•
Wireless heart rate ready (Polar®)	•
Self-powered	•
HeartLogic™ Intelligence	•

CONSOLE OPTIONS

Standard	•
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ENTERTAINMENT OPTIONS

Personal Viewing Screen	○
Wireless 900 Mhz	○

WORKOUTS

Number of programs	19
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PRESET PROGRAMS

Manual	•
Random	•
Interval	•
Custom Interval	•
Hill	•
10K	•
CROSS CIRCUIT®	•

HEART RATE-CONTROLLED PROGRAMS

Heart Rate Fat Burn	•
Heart Rate Cardio	•
Heart Rate Interval	•
Heart Rate Custom Interval	•
Heart Rate Hill	•
Heart Rate Speed Interval	•
New Leaf® Custom	•

ADVANCED PROGRAMS

30:30 Interval	•
MMA	•
Constant Power Watts	•
Constant Power METs	•

FITNESS ASSESSMENT PROTOCOL

Navy PRT	•
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WORKOUT BOOSTERS

X-Mode™	•
GluteKicker™	•
ArmBlaster	•

PRODUCT SPECIFICATIONS

Max user weight	400 lbs (181 kg)
Footprint (W x L)	31" x 69" (78 cm x 175 cm)
Footprint - live area (W x L)	34" x 83" (86 cm x 210 cm)
Product weight	320 lbs (145 kg)
Footprint with side steps (W x L)	37" x 83" (94 cm x 211 cm)
Weight with side steps	348 lbs (158 kg)

WARRANTY

Frame	Lifetime
Parts	3 years
Labor	1 year

SPACE-EFFICIENT DESIGN

Compact footprint is shorter than other ellipticals

SMOOTH MOTION

Natural, comfortable movement that feels great

ACCESSORIES

Compatible with side steps to facilitate more workout variety for exercisers



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